

BENFLEET 15

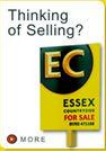
22 January 2012 10.30am

Benfleet Running Club invite you to take part in the 2012 Benfleet 15

It has a challenging 15 mile, multi-terrain course, incorporating sections of the Canvey Island sea wall, and the undulating Hadleigh Downs, therefore it is not suitable for spikes or wheelchair competitors.



ENTER ONLINE
(fees apply)
www.benfleetrunningclub.com/benfleet15



Raced under UK rules of Competition – **Permit Number 2012-103023**

New HQ for 2012, however the majority of the course will be as previous years.

Hadleigh Country Park, Chapel Lane, Hadleigh, Essex, SS7 2PP
(parking fees may apply)

Awards

1st three Men, and 1st three Ladies. 1st three vets (O/40), and 1st three Lady Vets (O/35)
1st vet Man (O/50), and 1st vet Lady (O/45). 1st vet Man (O/60), and 1st Vet Lady (O/55)
1st Mens team (3 to count), and 1st ladies team (3 to count)

£ 15 affiliated (£ 17 Unaffiliated) 500 limit, and NO ENTRY ON THE DAY

Postal closing date 16th Jan 2012.

Please make cheques payable to “**BENFLEET RUNNING CLUB**” and return with a 6”x9” SAE to
TERRY TURNER, 41, HEYCROFT ROAD, HAWKWELL, HOCKLEY, ESSEX SS5 4HN. (07910)208709
e-mail terry@benfleetrunningclub.com

FORENAME		SURNAME	
ADDRESS			
TELEPHONE/CONTACT		DATE OF BIRTH	
EMAIL	AGE ON RACE DAY (min.18 years old)		
Gender (delete as applic.)	Male / Female	UKA Reg No.	
Affiliated Club Name (Must be named to qualify for team prizes)			

Data Protection Act The information on this form may be stored on the race organiser’s computer. It may be made available to certain organisations and from time to time you may receive information about products, services and events relative to runners. **If you prefer not to receive such information please tick this box.**

DECLARATION I the undersigned, declare that I am medically fit to run and understand that the race organisers, sponsors or anyone assisting shall not be held responsible for any injury or loss caused by my participation or for any damage caused by me to other person’s property.

Athlete signature